#### For more Information:

### Please call **TOLL FREE: 1-800-574-5760** or 732-568-1155

Senior resident volunteers provide an invaluable service to the Oscar and Ella Wilf Campus for Senior Living. Volunteering has a meaningful and positive impact on your community as well as on the person you're volunteering for and yourself. Serving as a volunteer, provides the volunteer with the satisfaction of helping others, even if that means not getting anything back in return. Most importantly, volunteers share their time, talents, and hearts in a way that actively improves the community in which they live.



Volunteers do not necessarily have the time; they just have the heart.



At The Wilf Campus for Senior Living, we fulfill a promise every day by creating a comfortable home in central New Jersey where older adults are welcomed, respected and cared for. Where personal, medical and spiritual needs are recognized and met... and traditional Jewish values are celebrated. Where seniors lead active, independent lives in NJ with the support of compassionate professional caregivers. Where family and friends are embraced as part of our community. Where our residents enjoy peace of mind, knowing that no matter how their health conditions may change over the years, they will receive a full continuum of care. As a volunteer, you can be a part of this promise. As a volunteer on the Wilf Campus, you are not only welcomed with open arms into our community, but accepted by all seniors, in hopes of making their day brighter than when it started.

Volunteering in your community not only improves your general well-being, but also improves your self-esteem. To volunteer, and help someone in need, is the greatest gift anyone can ask for. A volunteer can show the smallest act of kindness, and touch someones life in the smallest way. Fundamentally, volunteering is about giving your time, energy, and skills freely, and here, at the Oscar and Ella Wilf Campus for Senior Living, volunteers are encouraged to motivate within their communities with enthusiasm.

### THE OSCAR AND ELLA WILF CAMPUS FOR SENIOR LIVING

350 Demott Lane, Somerset, NJ 08873 Phone 732-568-1155 Fax 732-568-0055 www.wilfcampus.org/volunteer

# Volunteer Opportunities



Fulfilling the promise... to care for the elderly in our community in the Jewish tradition.

THE OSCAR AND ELLA WILF CAMPUS FOR SENIOR LIVING



# How Our Volunteers Can Help Make a Difference

### The Martin and Edith Stein Assisted Living:

- Visits to residents
- Help with manicures
- Clothing alterations, sewing and mending
- Bring your talent in to share with our residents!
  - Musicians, singers, hobbiests, current events experts, etc.
- Assist in leading an activity
- Assist with Victory Garden
- Write or video biography of residents
- Escort on shopping trips and beauty parlor
- Assist with Knitting and Crochet Club
- Assist with Board Games: Mah-Jong, Scrabble, Canasta, Bridge and Poker

The Lena and David T. Wilentz Independent Living:

- Assist in Office
  - General office work, photocopying, mailings
- Assist with special events
- Translate flyers into Chinese language
- Organize library
- Assist with special occassions
- Share your special talent
  - Musicians
  - Singers
  - Crafters
  - Hobbies
  - Exercise
    Other Ex
  - Other Expertise

## The Martin and Edith Stein Hospice:

- Become a friendly visitor to our patients at home or in nursing facilities
- Offer companionship and support to our patients and families at home
- Assist in office with copying, collating and mailings
- Assist in organizing memorial services
- Birthday/Holiday Card Club
- Crochet, knit or quilt comfort blankets
- Participate in the Chicken Soup Project
- Educate the community about health fairs and senior centers
- Junior volunteers: Mature 16-18 years olds - visit patients in nursing facilities.
- Professional volunteers enhance the care already provided by our staff.

The heart of a volunteer is not measured in size, but by depth of the commitment to make a difference in the lives of others.

