



STEIN ASSISTED LIVING

at the Wilf Campus for Senior Living

December 28, 2021

STEIN ASSISTED LIVING COVID-19 OUTBREAK RESPONSE PLAN

Stein Assisted Living at the Wilf Campus for Senior Living is committed to the safety and well-being of our residents, patients, clients, and staff. Recognizing the importance of outbreak preparation, we have implemented the following Outbreak Response Plan should a COVID-19 or any other infectious outbreak occur in our community. This plan, as always, is in accordance with New Jersey Department of Health and Center for Disease Control (CDC) guidelines and has been developed based on the requirements outlined in the Directive for the Resumption of Services in Long Term Care Facilities (LTCFs), Assisted Living Residences (ALR), Comprehensive Personal Care Homes, Residential Health Care Facilities, and Dementia Care Homes (collectively “LTCFs” or “facilities”) -Executive Order No. 20-026.

COMMUNICATION AND TRANSPARENCY

Stein Assisted Living is committed to clear and open communication with our residents and their families, as well as with regulatory agencies. Our communication policy includes the following:

REGULATORY AGENCIES:

Stein Assisted Living electronically reports the following information on an ongoing basis:

- The number of currently positive or suspected COVID-19 residents and/or staff members.
- The number of positive or suspected COVID-19 related deaths among residents and staff.
- Status of PPE (Personal Protective Equipment) and hand hygiene supplies.
- Current census
- Access to COVID-19 testing in the facility.
- Staffing shortage
- Additional information as needed or as identified in future directives.

SECURING ADDITIONAL STAFF IN THE EVENT OF AN OUTBREAK OR EMERGENCY

- Crisis staffing will be implemented during times of potential or actual staffing shortages to ensure continuity of operations and the ability to meet the needs of the residents. The Facility will follow CDC released revisions 12/23/2021 to their Interim Guidance for Managing Healthcare Personnel

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with SARS-CoV-2 Infection or Exposure to SARS-CoV-2 and Strategies to Mitigate Healthcare Personnel (HCP) Staffing Shortages. All departments will work collaboratively to implement the initiatives. The following considerations will be made based on need and resource availability:

- Each department director will document the minimum staffing requirements for their area, based on census and resident acuity where appropriate.
- All current full-time, part-time, and per diem employees will be notified when a staffing emergency is in effect and requested to provide additional availability to work.
- Use temporary staff through contracted agencies.
- Communicate the need among staff to postpone elective time off from work.
- Determine the priority of nursing care and services during staffing shortages and consider initiatives to modify the workload of staff.
- Continuous hiring will be maintained.
- Request staff from local facilities not experiencing an outbreak, and suspension of admissions.
- Communicate with local healthcare coalitions, federal, state, and local health partners to identify additional healthcare personnel.
- As a last resort, and in collaboration with the Administrator, transfer residents to healthcare facilities or alternate care sites with adequate staffing to provide safe patient care.

RESIDENTS AND FAMILIES

- Stein Assisted Living will notify residents and their families by the next calendar day of any of the following occurrences:
- A confirmed COVID-19 infection amongst residents and staff members.
- Three or more cases residents and staff with new onset of respiratory symptoms occurring within 72 hours of each other.
- Communication will be made by the Executive Director or their designee via email.
- Communication will not include any personally identifiable information as required by HIPAA and privacy regulations.
- Communication will include the number of confirmed cases.
- Communication will include any steps implemented to prevent or reduce the risk of transmission.
- Communication will detail any changes to normal operations in the facility (e.g., dining

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- protocols, visitation procedures, communal gatherings, transportation procedures).
- Stein Assisted Living will display a phone number for urgent calls on its website (www.wilfcampus.org) and will communicate this number to families in all communications.
 - Stein Assisted Living will provide communication to residents and families monthly, or sooner, especially in the event of any changes to normal operations or outbreaks in the community.
 - Communication will be made in one or more of the following ways:
 - Email or written letters to Stein Assisted Living listserv.
 - The Executive Director will notify residents and families of options for virtual meeting and of the process to schedule a virtual meeting.
 - The Executive Director will be available for phone conferences and will notify residents and families of the process to schedule a phone conference.
 - Although visitors are currently not required to be tested or vaccinated as a condition of visitation, the facility and CMS strongly encourages visitors to be tested on their own before coming to the facility (e.g., within 2-3 days) when Somerset County (Southwest region) is with substantial or high levels of community transmission. CMS and the facility strongly encourage all visitors to become vaccinated.
 - Visitors have the right to decline to disclose their vaccination status, however Stein Assisted Living will follow CMS' recommendation of asking visitors about their vaccination status and to show proof of such prior to visits as noted by CMS Nursing Home Visitation - COVID-19 Ref: QSO-20-39-NH Revised 11/12/2022.
 - The Stein Assisted Living/Wilf Campus website will be updated about COVID-19 related information on a regular basis.

SCREENING AND TESTING

- All staff must undergo screening prior to beginning their shift. Screening includes temperature check and health screening questionnaire using the Accushield Sign-inKiosk.
- All visitors, contractors, medical staff, and other essential and non-essential personnel must answer a health screening questionnaire prior to entering the building. Screening includes temperature check and symptom screening using the Accushield Sign-in Kiosk.
- Anyone who replies, "yes" to any of the health screening questions, or who demonstrates a temperature above 99.4 or above, GI symptoms within the past 24-48 hours, chills, cough, shortness of breath, difficulty breathing, sore throat, fatigue, weakness, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, nausea or vomiting,

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- diarrhea will not be permitted into the building.
- Masks are required at all times when in the building and when social distance cannot be maintained outside of the building.
- Stein Assisted Living will conduct weekly COVID-19 testing of all residents and bi-weekly testing for all facility staff.
- Resident testing will be available to any resident who demonstrates COVID-19 symptoms, regardless of when the resident last tested for COVID-19.
- Staff members and residents who have previously tested positive will be re-tested within 3-5 days if asymptomatic, as recommended by the CDC, CMS, and NJ DOH.
- Staff members who demonstrate a fever of 99.4 or above, GI symptoms within the past 24-48 hours, chills, cough, shortness of breath, difficulty breathing, sore throat, fatigue, weakness, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, nausea or vomiting, diarrhea will be tested regardless of the interval between the most recent negative test. Those staff members will not be permitted to work during this time.
- All employees have signed an agreement to quarantine should they travel to a restricted area, or should they be hosting a person who has traveled to a restricted area under New Jersey's State quarantine guidelines.
- Residents or their family have the right to refuse testing and will be considered "Person Under Investigation" (PUI) and will be subject to isolation or quarantine.

CURRENT RESIDENTS WHEN NOT IN AN OUTBREAK

Monitor for signs and symptoms of COVID-19 and vital signs at least every 12 hours daily and notify clinician if resident develops corresponding signs or symptoms. When in an outbreak, monitor for signs and symptoms and vital signs every shift.

DURING A FACILITY-WIDE OUTBREAK:

Stein Assisted Living will perform facility-wide testing of all residents and staff who have tested positive (regardless of vaccination status).

- Immediate testing (Day 0).

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- Round 1 (between Day 3-7).
- Round 2 (3-7 days after Round 1)
- Continue testing every 3-7 days until there are no new cases identified in residents and staff for 28 days.
- Immediately isolate, place on transmission-based precautions and appropriately cohort any residents testing positive, including residents who are fully vaccinated.
- All residents will receive vital signs and will be monitored for any changes every 8 hours or sooner based on clinical assessment and symptoms until the facility outbreak investigation is resolved.
- When cases are widespread throughout the facility consider implementing use of full COVID-19 personal protective equipment facility wide.
- Immediately exclude any staff testing positive, including staff who are fully vaccinated.
- Staff who have been restricted from work will not be allowed to return until they meet CDC return to work criteria.

Conduct contact tracing on residents and staff with assistance from LHD. Refer to COVID-19 Diagnosed and/or Exposed Healthcare Personnel and Considerations for Cohorting COVID-19 Patients/Residents in Post-Acute Care Facilities for guidance on:

- Healthcare personnel exposure risk assessment guidance
- Contact tracing of residents and staff
- Increase symptom monitoring to every shift for all residents until 14 days have passed with no new cases identified.
- Visitation is allowed for all residents of the facility at all times per CMS QSO-20-39-NH, revised 11/12/2021 at <https://www.cms.gov/files/document/qso-20-39-nh-revised.pdf> (CMS Guidance), which the facility is following along with supplementation of the Executive Directive No. 20-026.
- The Facility is following the CDC, NJ DOH, and CMS guidance referenced in the above

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paragraph with respect to visitation for all residents, except that the 24/7 visitation requirement is not required for an Assistive Facility and instead this facility is required to return to pre-pandemic visitation hours.

- The Facility will refer to the Local Department of Health (LOH) for additional requirements surrounding visitation.
- Send daily updates (including updated line list) to LHD.
- Complete Outbreak Management Checklist and send completed copy back to LHD and NJDOH/CDS for additional review of control measures.

The facility will continue to follow NJDOH guidance for infection prevention and comply with all applicable regulatory requirements set forth by NJDOH, CMS, or other regulatory agencies.

The resolution/conclusion an investigation will occur when there are:

- No symptomatic/asymptomatic probable or confirmed COVID-19 cases after 14 days (1 incubation period) has passed since the last case's onset date or specimen collection date (whichever is later).
- An outbreak is generally considered to be over when two incubation period have passed without the identification of any new cases. The local health department (LHD) will make the final determination of the end of the outbreak.
- If a resident who is confirmed to be COVID-19 positive or is under investigation for COVID19 requires transfer to an acute care facility for any reason, staff will notify the transferring EMS/ambulance agency of the resident's COVID status when placing the call to arrange transport, document the COVID status on the Universal Transfer Form and contact the receiving facility and inform them of the resident's COVID status.
- If a resident who is confirmed to be COVID-19 positive or is under investigation for COVID19 dies, Contact the Administrator or Director of Nursing, POA or primary family member contact, inform the funeral home of the resident's COVID status, and resident's primary care physician.

ISOLATION AND QUARANTINE

- Any resident who is a "Person Under Investigation" or has tested positive for COVID-19

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will be transferred to our isolation wing at Stein Assisted Living or isolated in their private room if best for the resident's well-being. All Stein Assisted Living infection control protocols will be followed.

- Residents who are in isolation will remain restricted for a 14-day symptom surveillance period.
- Residents in quarantine or isolation will remain in their apartments and/or isolation unit and all staff will be required to utilize appropriate PPE upon exit and entry to their apartment.
- Residents who meet symptom criteria will be evaluated by their physician to determine need for further evaluation and testing.
- Residents who test positive for COVID-19 or who are a "Person Under Investigation" will receive vital signs and will be monitored for any changes every 8 hours or sooner based on clinical assessment and symptoms and until the facility outbreak investigation is resolved.
- For most persons that test positive for COVID-19, isolation and precautions can generally be discontinued 10 days after symptom onset **AND resolution of fever for at least 24 hours, WITHOUT, the use of fever reducing medications and, with improvement of other symptoms.**
- COVID-19 area will be clearly marked with signage.
- Anyone entering the room will don appropriate PPE before entering, in accordance with the current guidelines from NJ DOH, CDC or CMS. Most commonly, this would be a N95 respirator, gloves, gowns, and eye protection.
- The Community will strive to assign consistent staff to these residents to prevent transmission of germs to non-infected residents.
- Isolation and cohorting will continue until the outbreak investigation is resolved.

INTERVENTIONS FOR INFECTION PREVENTION

- Interventions for Infection Prevention
- Development of Infection Prevention Policies and Procedures, performing environmental rounds, communicable disease surveillance and competency for staff regarding infection prevention practices.
- Regular environmental rounds.
- Infection Prevention Quality Indicators: Hand Hygiene Monitoring.
- Infection Prevention Education: Education on Covid-19 Transmission and Controls, CDC Guidelines, Donning and Doffing of PPE.

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- Develop Respiratory Protection Program (RPP)

In the event of an outbreak the Infection Prevention Team listed below will meet to monitor the outbreak and initiate any needed changes. Local and state department of health will be apprised as required.

- Executive Director
- Director of Nursing
- Infection Preventionist
- Director of Resident Services
- Director of Plant Operations
- Housekeeping Supervisor
- Director of Dietary Services

NEW ADMISSIONS AND RE-ADMISSION

All new admissions and re-admissions will be screened for COVID-19, including vaccination status, prior diagnosis of COVID-19, current signs and symptoms, and test results, prior to acceptance and upon admission into the facility. If the resident was tested at a facility prior to admission, the sending facility must provide lab results to the receiving facility. To be considered fully vaccinated, at least two weeks must have passed since the receipt of the second dose of a 2-dose series or at least two weeks have passed

since the receipt of a one dose of a single dose vaccine.

NEW ADMISSIONS

When a prospective resident initiates the application process at Stein Assisted Living Residence, the following criteria must be met in order for an applicant to be approved:

The resident must:

- Test negative, prior to admission, for coronavirus (e.g., COVID-19) and be free of coronavirus-related symptoms for a minimum of 10 days prior to admission.

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- Upon admission, all residents entering the facility will be screened for COVID-19, have their temperature taken, provided with a surgical mask, and enrolled in the unit PCR testing process.
- Be admitted to the COVID-19 isolation unit at Stein Assisted Living if positive for coronavirus or exhibiting symptoms prior to admission
- Transfer to the COVID-19 isolation unit or private single at Stein Assisted Living if found to be positive or exhibiting symptoms after admission.

READMISSIONS

When an existing resident is ready to return to the community (from home, hospital, SNF, rehab, etc.), the following criteria must be met in order for the resident to return:

The resident must:

- Test negative, prior to admission, for coronavirus (e.g., COVID-19) and/or be free of coronavirus-related symptoms for a minimum of 10 days prior to admission **OR**
- Be re-admitted to the COVID-19 isolation unit at Stein Assisted Living if positive for coronavirus or exhibiting symptoms prior to re-admission
- Upon re-admission, all residents entering the facility will be screened for COVID-19, have their temperature taken, be provided a surgical mask, and enrolled in the unit PCR testing process.
- Transfer to the COVID-19 isolation unit at Stein Assisted Living if found to be positive or if "under investigation" and/or exhibiting symptoms after re-admission.
- Be admitted to the COVID-19 isolation unit at Stein Assisted Living if positive for coronavirus or exhibiting symptoms prior to admission

VISITATION

Stein Assisted Living has implemented the following screening and restriction requirements for all visitors, based on recommendations from the NJ DOH:

- All in-person visits must be coordinated in advance with Stein Assisted Living, by calling 732-568-1155.
- Any resident who has tested positive for COVID-19 or who is suspected of having COVID-19 is excluded from outdoor visitation.
- All visits must take place in designated areas around the building. Social distancing (minimum of 6 feet) must be maintained at all times.
- Visitors are required to undergo COVID-19 screening upon arrival (except for EMS)

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- personnel) per the requirements in the directive, regardless of vaccination status.
- Any changes to the visitation policy will be communicated by email to residents and families.
 - A member of the staff will be present during all visits.
 - Each resident is permitted a maximum of two visitors at any one time. Visits are limited to 20 minutes.
 - Staff must wear an N95 mask (at minimum); residents must wear a face covering (surgical mask if supply is available); and visitors must wear an N95 or N95 respirator for all indoor visitations and at a minimum a face mask for outdoor visitations for the duration of the visit.
 - Physical contact between residents and visitors is permitted if both are fully vaccinated and wearing a mask. This includes, but is not limited to, hugging, kissing, handshaking, hand holding and all other forms of physical contact. Whenever possible, visitors should wait in a vehicle prior to the visitation time.
 - Residents and visitors must sign an informed consent prior to the visit.
 - Food is not permitted during the visit. Visitors may bring items for the resident but must leave the package with reception. Visitors may bring their own drinks but may not share them with the resident. Hydration will be provided for the residents by the facility.
 - At the end of the visit, the resident will be transported back to his/her room by a staff member.
 - Between visits, chairs, pens, doors, door handles, and all other equipment/devices utilized during the visit will be disinfected by staff members using disinfecting wipes.
 - Visits may be cancelled because of inclement or unsafe weather conditions (e.g., high humidity/heat, poor air quality, etc.). In the event of a cancellation, residents and visitors will be notified by staff and will be permitted to reschedule the visit.
 - Any visitor diagnosed with COVID-19, under investigation for COVID-19, with a temperature above 99.4 or above, GI symptoms within the past 24-48 hours, chills, cough, shortness of breath, difficulty breathing, sore throat, fatigue, weakness, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, nausea or vomiting, diarrhea, or who traveled from a designated COVID-19 "hot spot" within the past 14 days will not be permitted to visit the resident.
 - While inside visitation restrictions are in place, the community will continue to assist in connecting residents and families via phone calls and video-calling. iPads and sound-amplifying headphones are available to assist with these types of communications.

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- Families and loved ones are invited to attend outdoor Shabbat services and discussion groups with residents but will be required to follow the visitation protocols outlined above.

OUTSIDE TRIPS

- "Non-essential" outside trips are not advised.
- Wilf Transport will provide transportation to our residents to medically necessary appointments at no cost. One family member or loved one is welcome to accompany the resident to their appointment.
- While we cannot stop family members from transporting residents in their own car, we strongly recommend that residents be transported by Wilf Transport.
- If a family member chooses to transport the resident in their own vehicle to medically necessary appointments and/or outside activity, the resident and family member must wear a face mask during the trip. Upon return from the trip, the resident and/or family member must complete the exposure risk assessment form to confirm the resident's exposure risk for COVID-19 before the resident can return to their apartment.
- Please call 732-568-1155 to schedule transportation.

The outbreak plan will be reviewed annually and as necessary and will be revised in accordance with CDC, NJDOH, CMS, and the Association of Professional in Infection Control and Epidemiology (APIC) guidelines.

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