

## Wilentz Activity Calendar

### Weekly Schedule

On-Site Convenience store is open daily: M-Th 10-12 and 2-4  
Friday: 2-4

<b>Sunday's</b>	10:15	Religious Services	6 <sup>th</sup> floor
	11:30	Brunch	Dining Room
	7:00PM	Yiddish Movie	3 <sup>rd</sup> floor
<b>Monday's</b>	10	QuailBrook Nutrition Site	Off-Site
	10	Walking Club	Meet in Lobby
	5:00	Dinner	Dining Room
<b>Tuesday's</b>	11:00	Trip (various locations)	Off-site
	12:15	Wii Bowling or Tennis	4 <sup>th</sup> floor
	3:00	ArmChair Exercise	3 <sup>rd</sup> floor
	5:00	Dinner	Dining Room
	7:00PM	Bingo	Dinning Room
<b>Wednesday's</b>	11:45	Franklin Senior Center	Off-Site
	5:00	Dinner	Dining Room
	6:30PM	MahJong	4 <sup>th</sup> floor
<b>Thursday's</b>	9:00	Beauty Salon	6 <sup>th</sup> floor
	10:00	Seasonal Fruits or Pastries	Store
	11:30	Computer Class	5 <sup>th</sup> floor
	2:00	Discussion Group	3 <sup>rd</sup> floor
	3:30	Gentle Exercise	6 <sup>th</sup> floor
	5:00	Dinner	Dining Room
	7:00PM	Bingo	Dining Room
<b>Friday's</b>	8:50	Supermarket	Off-Site
	1:45	Wii Bowling or Tennis	4 <sup>th</sup> floor
	3:00	Spanish Class	4 <sup>th</sup> floor
	5:15	Candle Lighting	Lobby
	5:30	Dinner	Dining Room
<b>Saturday's</b>	11:00	Religious Services	Stein

1:00

Dinner

## Monthly Activities

1 <sup>st</sup> <b>Monday</b>	Tenant's Club Meeting	Dining Room
2 <sup>nd</sup>	Hadassah	Dining Room
4 <sup>th</sup>	Book Club	Library
3 <sup>rd</sup> <b>Tuesday</b>	Blood Pressure Screening Food Committee	
2 <sup>nd</sup> & 4 <sup>th</sup> <b>Friday</b>	Post Office on Wheels	
<b>Dates Vary</b>	Monthly Birthday Parties Jewelry Shows/Sales Holiday Celebrations Theme Dinners Discussion Group w/ Dietian	